## SURF CAMP

21 OCT - 28 OCT 2023

VIDA BOA

Lodge

WWW.FILSURE.COM

ALL YOU NEED TO KNOW>>>

Have you always wanted to learn to surf or progress to the next level? Well, now's your chance!

Surf camps are far more beneficial than a random surf lesson. Over the week, you'll receive heaps of tips and feedback, have the chance to ask questions and see progress in your surfing ability... believe us when we say you'll walk away feeling more confident to continue! Not only this, but you'll have plenty of time to taste local cuisine, chill by the pool, explore the area and hang out with great people!

Think consistent waves, amazing food, epic weather & great company.. what more could you want?!



### ITINERARY (subject to change)

Remember this is your trip, and you are free to do as much or as little as you want to! \*\* not inleuded

#### **SATURDAY**

Afternoon arrivals
Welcome Dinner at Vida Boa

#### MONDAY

Surf Stretch
Breakfast
Surf Session
Pool / Free Time
Beach Volleyball
Team Dinner at Vida Boa

#### **SUNDAY**

Breakfast
Surf Session
Pool / Free Time
Meal out at Beach Bar \*\*

#### TUESDAY

Surf Stretch
Breakfast
Surf Session
Pool / Free Time
Group Social out / Free Night\*\*

### ITINERARY (subject to change)

Remember this is your trip, and you are free to do as much or as little as you want to! \*\* not inlouded

#### **WEDNESDAY**

Breakfast
Pool / Free Time
Coasteering
Team Dinner at Vida Boa

#### **FRIDAY**

Surf Stretch
Breakfast
Surf Session
Pool / Free Time
Sunset
Group Dinner out / Free Time\*\*

#### **THURSDAY**

Surf Stretch
Breakfast
Surf Session
Pool / Free Time
Coastal Hike
Team Dinner at Vida Boa

#### SATURDAY

Breakfast Check Out

# This retreat is for you if you...

- -Are a beginner or first-timerwanting to give surfing a go
- –Already know how to surf & want to take it to the next level
- Want to meet great people & make friends for life
  - -Want to see progress in your surfing and feel more confident
- -Want to take time out for yourself to learn a new hobby, eat delicious food, and have some downtime, all whilst having so much fun with new buddies!





### What's included...

- 7nights' accommodation at Vida Boa Lodge (in your chosen room category)
- Daily breakfast
- 5 Homemade beach lunches
- 4 Delicious in-house dinners
- 5 surf lessons with our amazing instructors
- Surf equipment, inc. wetsuit, leash & board
- Transport to surf spots & scheduled activities
- Surf stretch
- 1 Coasteering activity
- 1 Guided coastal hike
- Beach Volleyball
- Enjoy the beautiful beaches of the Algarve
- Free wifi at the camp & The Lodge
- Vida Boa Lodge hosts services
- Access to the Vida Boa Lodge pool & facilities during your free time
- Opportunity for free time to have some down time & to explore the area
- Welcome pack, including merch to remind you of the trip of a lifetime!!
- Much more...

## PRICE LIST VIDA BOA

TWIN / PRIVATE

€875

P.P

€1125

SOLO

SHARED DORM

€800

**TRIPLE** 

€850

